



## Guidelines for Box Lacrosse

Updated November 4, 2020\*

<b>Scheduling</b>	<ul style="list-style-type: none"><li>• No overtime will be played.</li><li>• All participants must immediately leave the facility at conclusion of their game.</li></ul>
<b>Facility Entrance &amp; Warm Up Areas</b>	<ul style="list-style-type: none"><li>• Teams must wait until the benches are completely cleared and cleaned before entering the field.</li><li>• No congregating near benches or field entry area before/after games.</li><li>• Team Rooms are available in limited use.</li><li>• Warm up time and space is limited to the venue during the 5 - 10 minutes prior to your scheduled time.</li><li>• No warming up in hallways.</li><li>• Teams must immediately leave the facility after the completion of their game.</li></ul>
<b>Player Areas</b>	<ul style="list-style-type: none"><li>• Teams must sit on their assigned benches (Home or Away, per the game schedule).</li><li>• Teams must clean all trash and personal items from all areas.</li><li>• Team benches will be cleaned between games.</li><li>• Players must remain 6 feet apart in the bench for games.</li><li>• <i>Youth Practices:</i> Players should set personal equipment at least 6 feet away from other equipment.<ul style="list-style-type: none"><li>○ Coaches will be asked to clean benches after each practice.</li></ul></li></ul>
<b>Player Limitations</b>	<p><b>All participants must self-screen for a temperature of 100.4 or higher and any other COVID symptoms and are NOT allowed to attend if exhibiting either.</b></p> <ul style="list-style-type: none"><li>• Shared goalie gear is strongly discouraged.</li></ul>
<b>Food and Hygiene</b>	<ul style="list-style-type: none"><li>• Team water coolers are not allowed. Players must bring their own water/sports drink. Water fountains are not available.</li><li>• Wash hands before attending and bring your own personal sanitizer when possible. Players are encouraged to sanitize their hands regularly.</li><li>• Team meetings must be hosted outside of the facility.</li><li>• Team snacks must be prepackaged and consumed outside of the Fieldhouse.</li></ul>
<b>Personal Equipment</b>	<ul style="list-style-type: none"><li>• All protective equipment, including helmets, must be provided by the player.</li><li>• <i>Youth:</i> Goalies in the older divisions are encouraged to provide their own protective gear for games.</li></ul>

	<ul style="list-style-type: none"> <li>• Goalie gear is not available during practices.</li> <li>• <i>Kinder</i>: Sticks will be distributed to each player at the beginning of the season for use throughout the season. Sticks must be returned at the last session.</li> </ul>
<b>Shared Equipment</b>	<ul style="list-style-type: none"> <li>• Shared goalie gear used during games, will be cleaned between games.</li> <li>• See Personal Equipment for more information regarding Goalie Equipment.</li> <li>• Only one official will handle the ball per game.</li> <li>• Balls will be cleaned between games.</li> </ul>
<b>Social Distancing-Participants</b>	<ul style="list-style-type: none"> <li>• Remain 6 feet apart during warm ups, stretching and at all times in and out of the player benches.</li> <li>• No post-game or post-practice team huddles. No high fives, fist bumps etc. Sportsmanship will continue to be a touchless manner.</li> <li>• Carpooling with non-family members is discouraged.</li> </ul>
<b>Spectators</b>	<p>See the <a href="#">Sport Leagues Guidelines</a> for overall spectator information and requirements. The following is specific to Lacrosse.</p> <ul style="list-style-type: none"> <li>• <i>Kinder and Youth</i>: Parents may be asked to assist with keeping participants safely engaged and distanced. <ul style="list-style-type: none"> <li>○ Parents/guardians are responsible for any first aid needs of their child.</li> <li>○ <i>Youth Box LAX: Spectators are strictly limited to one spectator per player.</i> This limit includes parents, sibling or any other immediate family members.</li> <li>○ <i>These numbers may not be exceeded</i>, as each court must also accommodate 1 official and 1 scorekeeper.</li> <li>○ Parents may be asked to assist with keeping participants safely engaged and distanced.</li> <li>○ Parents/guardians are responsible for any first aid needs of their child.</li> </ul> </li> </ul>
<b>Coaches</b>	<ul style="list-style-type: none"> <li>• <i>Youth</i>: <ul style="list-style-type: none"> <li>○ Coaches can ask parents and assistant coaches to help with any of the following pending the volunteer abides by all social distancing and mask guidelines.</li> <li>○ Coaches will clean benches after their practice. Disinfectant will be on-site for coaches to use.</li> <li>○ Limit practices to 50 to 55 minutes and vacate the gym quickly to accommodate turnover.</li> <li>○ Only 2 coaches may be on the bench at a time during games.</li> <li>○ All coaches must wear a mask. <b>Per State Mandate, masks are required.</b></li> <li>○ Be creative with non-physical sportsmanship and support. No high fives, hugs, etc.</li> <li>○ Maintain team roster and attendance for each practice and game to assist with Contact Tracing if needed.</li> </ul> </li> </ul>
<b>Game Staff Support</b>	<ul style="list-style-type: none"> <li>• Sport supervisors and officials are available during games to assist with social distancing and mask guideline enforcement and cleaning equipment.</li> <li>• Our team is committed to supporting coaches and participants as we reopen programming.</li> <li>• Officials will still host a pre-game meeting with distancing observed; no handshakes and no coin toss allowed.</li> <li>• Home Team is assigned by the game schedule.</li> <li>• Staff will clean team benches and ball in between games.</li> </ul>

