



Guidelines for Volleyball

Updated March 2, 2021*

Scheduling	<ul style="list-style-type: none">• No overtime will be played.• All participants must immediately leave the facility at conclusion of their game.
Facility Entrance & Warm Up Areas	<ul style="list-style-type: none">• Warm up time and space is limited to the venue during the 5 minutes prior to your scheduled time.• No warming up in hallways.• Teams must immediately leave the facility after the completion of their game.• <i>Adult:</i> Teams may enter and exit through the Main Facility entrances.• <i>Youth Practices:</i> Teams may enter and exit through the Main Facility entrances.• <i>Youth Games:</i> Teams may enter and exit through the Main Facility entrances.
Player Areas	<ul style="list-style-type: none">• Teams must clean all trash and personal items from all areas.• Teams will not switch court sides between games.• <i>Youth:</i> Players should remain spaced 6 feet apart along their sideline when not in play.
Player Limitations	All participants must self-screen for a temperature of 100.4 or higher and any other COVID symptoms and are NOT allowed to attend if exhibiting either.
Food and Hygiene	<ul style="list-style-type: none">• Team water coolers are not allowed. Players must bring their own water/sports drink. Water fountains are not available.• Wash hands before attending and bring your own personal sanitizer when possible. Players are encouraged to sanitize their hands regularly.• No food will be allowed in the gym.• <i>Youth:</i><ul style="list-style-type: none">○ Team meetings must be hosted outside of the facility.○ Team snacks must be prepackaged and consumed outside of the Fieldhouse.
Personal Equipment	<ul style="list-style-type: none">• We recommend that participants bring their own volleyball for practices.
Shared Equipment	<ul style="list-style-type: none">• <i>Adult:</i> A new Volleyball will be used each game. Volleyballs will be sanitized between each night.• <i>Youth:</i> A new Volleyball will be used for each game. Volleyballs will be cleaned in between use.<ul style="list-style-type: none">○ Volleyballs will only be cleaned at the end of the night or end of shift by the facility using Clorox wipes or soap and water mixture.

	<ul style="list-style-type: none"> • <i>Kinder:</i> Equipment is only used within the same cohort. Volleyballs will be cleaned between weekly sessions.
Social Distancing-Participants	<ul style="list-style-type: none"> • Remain 6 feet apart during warm ups, stretching and team meetings. • Players must remain spaced 6 feet apart along their sideline when not in play. • No post-game or post-practice team huddles. No high fives, fist bumps etc. • Sportsmanship will continue to be a touchless manner. • Carpooling with non-family members is discouraged.
Spectators	<p>See the Sport Leagues Guidelines for overall spectator information and requirements. The following is specific to Volleyball.</p> <ul style="list-style-type: none"> • <i>Kinder and Youth:</i> <ul style="list-style-type: none"> ○ Spectators are strictly limited to TWO (2) spectators per player. This limit includes parents, siblings or any other immediate family members. Spectators must self-screen prior to attending games. Anyone over capacity limits will be asked to wait outside of the Fieldhouse. ○ These limits may not be exceeded. ○ Parents may be asked to assist with keeping participants safely engaged and distanced. ○ Parents/guardians are responsible for any first aid needs of their child. <p>Coaches (youth) and Captains (Adult) need to assure participants and spectators are screened. Roster/Attendance sheets are provided to coaches to assist with tracking. Tracking sheets will be requested only if there is a positive case. Please refer spectators to the online screening at www.TeamSideline.com/parkerrec.</p> <ul style="list-style-type: none"> • In accordance with CDPHE restrictions, each team must keep a roster of and conduct a health screening (for COVID symptoms) for participants, spectators and coaches for each practice/game. Coaches or a team volunteer should maintain this information on the provided attendance form. In the event of an outbreak, we staff will ask for this information to provide to the health department. • Spectators may self-screen and <u>must</u> report that this has been completed <i>prior to attending</i>, using the online screening checklist found at www.TeamSideline.com/parkerrec. • Please understand that this is a requirement for the facility to remain operating and you may be asked for this information at any time. For more information on screening and contact tracing visit www.covid19.colorado.gov.
Coaches	<ul style="list-style-type: none"> • <i>Adult:</i> Team captains keep attendance of who is present at each game to assist with Contact Tracing. • <i>Youth:</i> Coaches can ask parents and assistant coaches to help with any of the following pending the volunteer abides by all social distancing and mask guidelines. <ul style="list-style-type: none"> ○ Limit practices to 50 to 55 minutes and vacate the gym quickly to accommodate time for staff to clean benches and replace volleyballs. ○ Only 2 coaches' maximum, may be on the bench at a time during games and must be counted for in the team capacity allotment (see Spectator section above). ○ All coaches must wear a mask. Per State Mandate, masks are required.

	<ul style="list-style-type: none">○ Be creative with non-physical sportsmanship and support. No high fives, hugs, etc.○ Maintain team roster and attendance for each practice and game to assist with Contact Tracing if needed.
Game Staff Support	<ul style="list-style-type: none">● Sport supervisors and officials are available during games to assist with social distancing and mask guideline enforcement and disinfecting equipment. Our team is committed to supporting coaches and participants as we reopen programming.● Sport supervisors will have hand sanitizer available if needed.● Officials will still host a pre-game meeting with distancing observed; no handshakes allowed.● Staff will clean equipment between matches.