



Guidelines for Soccer

Updated September 28, 2020*

Scheduling	<ul style="list-style-type: none">• No overtime will be played.• All participants must immediately leave the facility at conclusion of their game.
Facility Entrance & Warm Up Areas	<ul style="list-style-type: none">• <i>Adult:</i> Warm up time and space is limited to the venue during the 5 minutes prior to your scheduled time. No warming up in hallways.• <i>Fall Youth Outdoor:</i> For younger teams playing on the small fields at Stroh, teams may spread out use the middle field. For the older teams playing on the large field, teams may split the space on the North end of the large field. For all ages, teams may arrive no more than 15 minutes prior to game time for these warm up spaces.<ul style="list-style-type: none">○ You may not arrive at the assigned soccer field more than 5 minutes early and may not occupy the sidelines if they have not been fully vacated by previous teams. Warm up time on the assigned soccer field is limited to this 5 minute window.
Player Areas	<ul style="list-style-type: none">• Teams must sit on their assigned benches (Home or Away, per the game schedule).• Teams must clean all trash and personal items from all areas.• Team benches will be cleaned between games.• <i>Kinder:</i> Please do not use pavilions unless able to self-disinfect.• <i>Fall Youth:</i><ul style="list-style-type: none">○ Players should set personal equipment at least 6 feet away from other equipment or, preferably, leave it with their parents.○ Players and coaches only are allowed on the inside sidelines and all teams must spread out, using the entire sideline area.
Player Limitations	<p>All participants must self-screen for a temperature of 100.4 or higher and any other COVID symptoms and are NOT allowed to attend if exhibiting either.</p> <ul style="list-style-type: none">• <i>Adult:</i> Goalies must wear gloves.• <i>Kinder:</i> No goalies. Small goals are used.• <i>Fall Youth:</i><ul style="list-style-type: none">○ Goalies must wear gloves. Teams/players are requested to provide their own set of gloves.○ No headers allowed in any division. Intentional headers result in a turnover to the opponent.○ No throw-ins, use feet to move ball to proper starting locations.

Food and Hygiene	<ul style="list-style-type: none"> • No spitting. • Team water coolers are not allowed. Players must bring their own water/sports drink. Water fountains are not available. • Wash hands before attending and bring your own personal sanitizer when possible. Players are encouraged to sanitize their hands regularly.
Personal Equipment	<ul style="list-style-type: none"> • Goalies must wear their own set of gloves and disinfect between games. • <i>Kinder:</i> Participants may bring a labeled ball if they choose. A ball will be provided for each child. • <i>Fall Youth:</i> Goalies are encouraged to provide their own set of goalie gloves. Gloves cannot be shared between players unless properly disinfected. <ul style="list-style-type: none"> ○ Recreation staff will have a limited set of goalie gloves available to borrow each game and will be disinfected between games.
Shared Equipment	<ul style="list-style-type: none"> • <i>Adult:</i> Soccer balls will be cleaned between each game. <ul style="list-style-type: none"> ○ No intentional headers. • <i>Kinder:</i> Equipment is only used within the same cohort. Soccer balls will not be used between sessions. • <i>Fall Youth:</i> A game ball will be provided by the staff. Game balls will be cleaned after each game.
Social Distancing-Participants	<ul style="list-style-type: none"> • Players are asked to avoid contact as much as possible. Illegal contact will be monitored closely and penalized accordingly. • Players are encouraged to sanitize hands when subbing out, particularly if player to player contact is made. • Players on the bench must remain 6 feet apart at all times. • Carpooling with non-family members is discouraged. • No post-game or post-practice team huddles. No high fives, fist bumps etc. Sportsmanship will continue to be a touchless manner. • <i>Kinder:</i> Coaches are provided with sport-specific drills that allow for social distancing. Scrimmages should be limited to the final 10 to 15 minutes per session, rather than half the session.
Spectators	<p>See the Sport Leagues Guidelines for overall spectator information and requirements. The following is specific to Soccer.</p> <ul style="list-style-type: none"> • <i>Adult:</i> No spectators are permitted. • <i>Kinder and Youth:</i> • Spectators are strictly limited to one spectator per player. This limit includes parents, siblings or any other immediate family members. • Parents may be asked to assist with keeping participants safely engaged and distanced. • Parents/guardians are responsible for any first aid needs of their child.

<p>Coaches</p>	<ul style="list-style-type: none"> • <i>Adult:</i> Team captains should keep attendance of who is present at each game to assist with Contact Tracing. • <i>Kinder and Youth:</i> Coaches can ask parents and assistant coaches to help with any of the following pending the volunteer abides by all social distancing and mask guidelines. <ul style="list-style-type: none"> ○ Teach kick-ins instead of throw-ins. ○ Wear a mask whenever coming in close contact to help a participant with proper mechanics or positioning. ○ Be creative with non-physical sportsmanship and support. No high fives, hugs, etc. ○ Maintain team roster and attendance for each practice and game to assist with Contact Tracing if needed. • <i>Late Fall Indoor Youth:</i> All coaches must wear a mask. Per State Mandate, masks are required.
<p>Game Staff Support</p>	<ul style="list-style-type: none"> • <i>Adult and Youth:</i> <ul style="list-style-type: none"> ○ Sport supervisors and officials are available during games to assist with social distancing and mask guideline enforcement and disinfecting equipment. Our team is committed to supporting coaches and participants. ○ Sport supervisors will have hand sanitizer available if needed. ○ Officials will still host a pre-game meeting with distancing observed; no handshakes and no coin toss allowed. Home Team is assigned by the game schedule. ○ Only one official <i>may</i> be used per game. ○ Staff will disinfect team benches and soccer balls in between games. ○ Sport supervisors will have hand sanitizer available if needed. • <i>Kinder:</i> A sport supervisor will be present the first two sessions to assist with directing participants to the correct field, social distancing and mask reminders. Staff may not be present for the entire season. League administration will review and adjust as needed.