



## Aquatics Center Scheduling Notes

Effective May 26, 2021

Please see posted rules on [www.parkerrec.com](http://www.parkerrec.com) and the pool deck for comprehensive policy.

### Pool Closures:

- Aquatics Center closes 4 p.m. on Friday May 21
- Recreation Center Closed on July 4
- Recreation Center Closure week July 26 - August 1
- Group swimming lessons will take place Tu & Th mornings in the lap and activity pools and Fr in the therapy pool, Starting June 1.

### Lap Pool:

- Shallow area available for adult use and Town of Parker private swim lessons.
- Lap swimmers are expected to share lanes and circle swim when necessary.
  - See circle swim guidelines posted on the pool deck.
- The schedule, including diving board availability may vary during holidays, school breaks and regularly scheduled Lifeguard Training Courses (see note below).

### Sauna:

- Re-opening guidelines below:
  - First come, first served.
  - No masks permitted inside due to high temperatures.
  - Self-policed. Please be respectful of other's time while waiting and using the amenity.
  - Posted regulations still apply in addition to this notice.

### Therapy Pool:

- **Calm Therapy:** is for adults 18 and older who prefer or require a calm, quiet and no wake environment. Adaptive private lessons who require a calm therapy environment are permitted during this time.
- **Parent & Tot time:** allows for children aged 5 and under with a 1:1 parent/guardian 16 years or older to use the warm water pool for water acclimation and exploration. Users will share with open therapy use. See posted policy for details.
- **Adult Use Only:** Time reserved for adults 18 years and older, no children or private lessons permitted.
- **Open Therapy:** Primarily for adult use. However, Town of Parker Private Swimming lessons, small group lessons and special usage may share the pool.

### Activity Pool:

- **Lap Lanes:**
  - Specific to adult use (swimming or water walking).
  - Those utilizing the lap lane closest to the windows may be asked to share the lane briefly to accommodate a swim test during open swim.
  - At least one (1) lane may be utilized for Town of Parker Private swimming lessons.
- The rock wall & slide will be closed for open swim Monday – Friday until 4 p.m.
  - This does not apply during holidays and days where there is no school.
- Open Swim
  - Will begin daily at 10 a.m. during summer.

**Lifeguard Training Courses:** Lap lane space may be limited during these days/times.

June	July
1 – 3 25 – 28	12 – 14 21 – 23

## AQUATICS Pool Schedules As of **May 26, 2021**

Schedules are subject to change.

All areas of pool NOT available for each activity.

Lap Pool	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Lap Swim (see notes below)	5am-3:30pm** 3:30-6:15pm* 6:15-8pm 8-9pm**	5-5:30am** 5:30-7am 7am-3:30pm** 3:30-6pm 6-9pm**	5am-3:30pm** 3:30-6:15pm* 6:15-8pm 8-9pm**	5am-3:30pm** 3:30-6pm 6-9pm**	5-5:30am** 5:30-7am 7am-9pm**	8:00am-4:30pm**	7-8am 8am-1pm** 1-4:30pm
Fitness Classes (reg.required)	8-10am 6:20-8pm	8-10am	8-9am 6:20-8pm	7:30-9:15am	8-10am		
Masters		5:30-7am			5:30-7am		7-8am
Open Diving Board (By Request)	1-3:30pm	1-3:30pm	1-3:30pm	1-3:30pm	1-3:30pm	12-4:30pm	1-4:30pm

\*\* A minimum of 3 lap lanes will be available. Additional lanes will be available upon program needs throughout the day.

\*Only 2 Lap Lanes available.

Writing in Red = 1 lane available

Therapy Pool	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Open Therapy	10am-11am 12-1pm 3-9pm	8-10am 11am-1pm 3-4pm 6:30-9pm	10-10:30am 11:30am-1pm 3-9pm	8-10am 11am-1pm 3-4pm 6:30-9pm	8:45-11am 2-9pm	7-7:45am 12-4:30pm	8-11am
Fitness Classes (Reg. required)		10-11am	10:30-11:30am	10-11am			
Programming. Pool Closed	11am-12pm 1-3pm	1-2pm 4-6:30pm	1-2pm	1-3pm 4-6:30pm	1-2pm	7:45am-12pm	12-4:30pm
Adult Use Only	5-10am	5-8am	5-10am	5-8am	5-8:45am		7-8am
Calm Therapy		2-3pm	2-3pm		11am-1pm		
Parent/Tot	6-9pm		6-9pm		6-9pm	2-4:30pm	11am-12pm

**This is a multi-use warm water pool. See schedule for specific usage availabilities. Anyone under 18 years old must receive special permission from the Aquatics Management Team prior to pool usage if outside of P/T time.**

**PARENT/TOT:** Parents with children under the age of 6. Ratio of 1 parent to 1 tot. Please use time for water orientation and swim lesson purposes. Please be considerate to other users and limited users may be considered if deemed necessary. Tots not potty trained must wear swim diaper. Kickboards, PFDs or water exercise equipment are not permitted for use by children. See posted policy for details.

**Adult Only:** Adults 18+ only. No private swimming lessons or children permitted during these time frames.

**Open Therapy:** General adult use. Town of Parker Private swimming lessons, small group lessons are permitted.

**Calm Therapy:** Reserved for individuals 18+ who may prefer or require a quiet, no wake environment. See Posted policy for details.

Activity Pool	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Open Swim	10am-9pm	10am-9pm	10am-9pm	10am-9pm	10am-9pm	10am-4:30pm	10am-4:30pm
Little Squirts							
Open Adult Fitness	5am-10am	5am-10am	5am-10am	5am-10am	5am-10am	7:00-10:00am	7:00-10:00am
Aqua Fitness (Reg. Required)				9:20-10am			

The 20 yds lap lanes that are located in the Activity Pool are generally available for adult (18+) lap Swimming. Swimmers will be asked to circle swim when necessary.

\*Rock wall & Slide Closed M-F until 4pm. Holidays/School breaks excluded.

**Little Squirts:** Time reserved for children 5 & under with parents in water. Adult fitness permitted. No water features available.

**Open Adult Fitness:** 8-10am Tu & Th is shared with Swimming lessons