



Cole Lukasiewicz

B.S. Exercise Science

NASM - Certified Personal Trainer

*NSCA - Certified Strength and
Conditioning Specialist*

*NASM - Corrective Exercise
Specialist*

Certified Since: 2016

Training Specialties:

- Athletic Performance
- Corrective Exercise
- General Populations
- Strength/Muscle Gain
- TRX



PARKER
COLORADO
Parks and Recreation