



## Guidelines for Basketball

Updated September 28, 2020\*

<b>Scheduling</b>	<ul style="list-style-type: none"><li>• No overtime will be played.</li><li>• All participants must immediately leave the facility at conclusion of their game.</li><li>• <i>Youth:</i> Games will be scheduled against the same opponent two weeks in a row.</li></ul>
<b>Facility Entrance &amp; Warm Up Areas</b>	<ul style="list-style-type: none"><li>• Warm up time and space is limited to the venue during the 5 minutes prior to your scheduled time. No warming up in hallways.</li><li>• You may not arrive the specific court more than 5 minutes early and may not enter the gym if another game is in play on your court.</li><li>• Teams must immediately leave the facility after the completion of their game.</li><li>• <i>Youth <b>Practices:</b></i> Teams may enter and exit through the Main Facility entrances.</li><li>• <i>Youth <b>Games:</b></i><ul style="list-style-type: none"><li>○ Teams who play on the Red or Blue courts may enter and exit through the Fieldhouse main entrances.</li><li>○ Teams who play on the Yellow or Green courts may enter through the Fieldhouse main entrances. Teams will need to exit through the Gym Door located on the West side of the building.</li></ul></li></ul>
<b>Player Areas</b>	<ul style="list-style-type: none"><li>• Teams must clean all trash and personal items from all areas.</li><li>• Players <i>and their equipment</i> must remain 6 feet apart on the team benches</li><li>• Player benches will be cleaned between games.</li><li>• <i>Youth Practices:</i> Line personal and team equipment along one of the baselines or sidelines, 6 feet apart.</li></ul>
<b>Player Limitations</b>	<p><b>All participants must self-screen for a temperature of 100.4 or higher and any other COVID symptoms and are NOT allowed to attend if exhibiting either.</b></p> <ul style="list-style-type: none"><li>• <i>Adult:</i> All players must wear masks at all times.</li><li>• <i>Youth:</i> To limit intermixing cohorts, Coaches will assign 5 players to play in the 1<sup>st</sup> and 3<sup>rd</sup> quarter; then assign a separate 5 players to play in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.</li><li>• Players may participate in more than 3 quarters <b>only if</b> the team has fewer than 10 players at the game. However, the same players should play the entire quarter.</li><li>• Players in all age divisions will need to play zone defense.</li></ul>

<b>Food and Hygiene</b>	<ul style="list-style-type: none"> <li>• Team water coolers are not allowed. Players must bring their own water/sports drink. Water fountains are not available.</li> <li>• Wash hands before attending and bring your own personal sanitizer when possible. Players are encouraged to sanitize their hands regularly.</li> <li>• No food will be allowed in the gym.</li> <li>• <i>Youth:</i> <ul style="list-style-type: none"> <li>○ Team meetings must be hosted outside of the facility.</li> <li>○ Team snacks must be prepackaged and consumed outside of the Fieldhouse.</li> </ul> </li> </ul>
<b>Personal Equipment</b>	<ul style="list-style-type: none"> <li>• <b>Players are required to provide their own basketball for the season.</b> Check rules for specific ball size.</li> <li>• Participants should sanitize all personal equipment between use.</li> <li>• <i>Kinder Basketball:</i> All personal equipment should be left with the parents.</li> </ul>
<b>Shared Equipment</b>	<ul style="list-style-type: none"> <li>• Team basketballs should be cleaned between use.</li> <li>• Game basketballs will be cleaned between games.</li> <li>• Player benches will be cleaned between games.</li> </ul>
<b>Social Distancing-Participants</b>	<ul style="list-style-type: none"> <li>• Remain 6 feet apart during warm ups, stretching and team meetings.</li> <li>• Players must remain spaced 6 feet apart along their sideline when not in play.</li> <li>• No post-game or post-practice team huddles. No high fives, fist bumps etc.</li> <li>• Sportsmanship will continue to be a touchless manner.</li> <li>• Carpooling with non-family members is discouraged.</li> </ul>
<b>Spectators</b>	<p>See the <a href="#">Sport Leagues Guidelines</a> for overall spectator information and requirements. The following is specific to Basketball.</p> <ul style="list-style-type: none"> <li>• <i>Youth:</i> <ul style="list-style-type: none"> <li>○ <b>Spectators are strictly limited.</b> The gym is limited to 58 total people per court when running 3 games at one time. <b>Each team may have their 10 players and up to 18 additional people attend each game. The additional 18 people must include coaches and spectators.</b></li> <li>○ <i>These numbers may not be exceeded,</i> as each court must also accommodate 1 official and 1 scorekeeper.</li> <li>○ We ask that teams manage their own numbers to accommodate special requests.</li> </ul> </li> <li>• <i>Kinder and Youth:</i> Parents may be asked to assist with keeping participants safely engaged and distanced. <ul style="list-style-type: none"> <li>○ Parents/guardians are responsible for any first aid needs of their child.</li> </ul> </li> </ul>
<b>Coaches</b>	<ul style="list-style-type: none"> <li>• <i>Adult:</i> Team captains should keep attendance of who is present at each game to assist with Contact Tracing.</li> <li>• <i>Youth:</i> <ul style="list-style-type: none"> <li>○ Coaches can ask parents and assistant coaches to help with any of the following pending the volunteer abides by all social distancing and mask guidelines.</li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ Limit practices to 50 to 55 minutes and vacate the gym quickly to accommodate turnover.</li> <li>○ Only 2 coaches may be on the bench at a time during games and must be counted for in the team capacity allotment (see Spectator section above).</li> <li>○ All coaches must wear a mask. <b>Per State Mandate, masks are required.</b></li> <li>○ Be creative with non-physical sportsmanship and support. No high fives, hugs, etc.</li> <li>○ Maintain team roster and attendance for each practice and game to assist with Contact Tracing if needed.</li> </ul>
<p><b>Game Staff Support</b></p>	<ul style="list-style-type: none"> <li>● Sport supervisors and officials are available during games to assist with social distancing and mask guideline enforcement and disinfecting equipment. Our team is committed to supporting coaches and participants as we reopen programming.</li> <li>● Sport supervisors will have hand sanitizer available if needed.</li> <li>● Officials will still host a pre-game meeting with distancing observed; no handshakes allowed.</li> <li>● Staff will clean equipment between matches.</li> <li>● <i>Kinder:</i> <ul style="list-style-type: none"> <li>○ <i>Fieldhouse sessions:</i> Contact the Sport Supervisor in the gym for any issues.</li> <li>○ <i>Recreation Center sessions:</i> Contact the Guest Service Representatives at the front desk for any issues.</li> </ul> </li> </ul>