

**Town of Parker**  
**Youth Basketball: Ages 10 to 14**

The Town of Parker Rules are intended to create a balance of play in an atmosphere that fosters sportsmanship and fair play in a fun, safe and educational environment. All games will be played according to Colorado High School Basketball Rules if not specified within this document.

**The Recreation Staff will have complete authority to administer the program and make decisions and adjustments as they see fit for this recreational setting. His or her decisions are final.**

**Coaches**

- I. A maximum of two (2) coaches are allowed on a team's bench at any given time.
  - A. Only one (1) coach is allowed to stand.
- II. Coaches are required to coach from their team bench only.
- III. Coaches may address an official for clarification of a call, but at no time may be disrespectful toward an official concerning their judgment.
- IV. Coaches may not yell in a disrespectful manner at their own players.
- V. It is the coach's responsibility to control their team members and parents during games.
- VI. All coaches are required to remain on the side with their team and may not coach from *on* the court.

**Player Participation**

- I. All participants must play at least **HALF** of a game.
- II. It is the coach's responsibility to balance playing time among his/her team.

**Forfeits**

- I. **There will be no forfeits.**
  - A. If there are not enough players from one team, players may be borrowed from the opposing team to begin play.
  - B. Coaches can ask league administration for subs prior to the games. Subs are only allowed if they play within the same division in Parker Recreation sports and are arranged through league administration.

**Equipment**

- I. **Game Ball:** The game ball will be chosen from one of the teams' practice balls which are provided to them by the Parker Parks and Recreation Department.
  - A. Basketball Sizes:
    1. Ages 6 to 8: Junior – 27.5
    2. Ages 8 to 10: Intermediate – 28.5
    3. Ages 10 to 12: Intermediate – 28.5

4. Ages 12 to 14: Full – 29.5

II. **Basket Height**

- A. Ages 6 to 8: 8 ft.
- B. Ages 8 to 10: 9 ft.
- C. Ages 10 to 12: 10 ft.
- D. Ages 12 to 14: 10 ft.

III. **Uniforms:** Each team will receive the same colored jersey with non-duplicating numbers on at least one side.

IV. **Jewelry:**

- A. No Jewelry may be worn during sports participation. **Exception:** Medical alert jewelry may be worn but must be taped to the body or covered (i.e. with a sweat band).
- B. No taping of earrings. **Exception:** Jewelry Implants that have a flat back and must be surgically removed may be covered with athletic tape or BandAids. The earring back must be flat.
- C. Fitness Trackers may be worn attached to shoe laces or beneath clothing (i.e. attached to a sports bra).

**Game Times**

- I. Games will be 2- 20 minute running halves.
- II. The clock will stop the last two minutes of the second half if there is a difference of 10 points or less, or anytime thereafter that the score becomes ten points or less, the clock remains a stop clock regardless if the score becomes eleven points or more.
- III. Half time is 3 minutes long.
- IV. **Time Outs:** Two time-outs per team, per half will be allowed.
  - A. Time-outs are not cumulative, and will be one minute in length.
- V. **Overtime Periods:** There will be no overtime periods. Games may end in a tie

**Start of Play**

- I. Play starts with a jump ball according to High School rules.

**Match-ups**

- I. Players should be matched up based on height and skill level.

**Full Court Pressing**

- I. Full court pressing **is** allowed.
  - A. However, if one team reaches a lead of 10 points or more, that team must fall back behind the half court line before picking up his/her man.
    - 1. The team losing is still allowed to press.

**Free Throws**

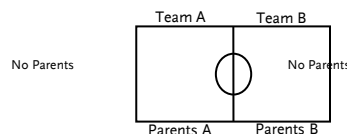
- I. Free Throws are performed according to Colorado High School Basketball Rules.
- II. On a free throw, players may enter the lane after the release of the shot.

## Fouls

- I. **Personal Fouls:** Each player will be allowed five (5) personal fouls during the game. A technical foul will be applied toward a personal foul.
- II. **Technical fouls** will result in the opposing team being awarded two (2) free throws and the ball out of bound at mid-court.
- III. First **Unsportsmanlike Technical foul** shall result in:
  - A. Player(s) will be removed from the game for a "cooling off" period of three (3) game minutes for the first offense.
    1. He/she may re-enter the game by checking in at the scorer's table during a dead ball situation.
    2. Game minutes does not include half time.
  - B. A player given a second technical foul will automatically be ejected from the game.
  - C. If any team receives an accumulation of three (3) unsportsmanlike technical fouls, the game will be forfeited.
    1. Any technical foul given as a result of an error in the score book will **not** apply to the three technical forfeit rule.
- IV. A player ejected from two (2) games due to unsportsmanlike conduct will not be allowed to play for the remainder of that season.
- V. One and One shall be shot on the 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> team fouls any time during the first and second half.
  - A. On the 10<sup>th</sup> team foul and all fouls thereafter, two shots will be awarded.
- VI. Intentional fouling is grounds for removal from the game for up to five (5) minutes at the referee's discretion.

## Sportsmanship

- I. **Unsportsmanlike conduct will NOT be tolerated.** Players, parents and coaches will receive one warning. A second offense will result in then removal from the game.
- II. We encourage coaches and players to shake the opponents' and referees' hands after each game to emphasize positive teamwork and sportsmanship.
- III. We ask that parents sit on the opposite side of the court from the coaches. **\*\*At no point can the coach or parent be on the same side during the game. \*\***



- IV. We encourage family and friends to come and watch the games and show support. Positive cheering and encouragement help provide a fun atmosphere.
  - A. Negative comments of any kind are not part of our recreational program and will not be tolerated by the game officials.



**B. Coaches:** You should not tolerate negative comments either. Officials are instructed to stop the game if this becomes a problem.

**ELASTIC POWER:**

The Parker Sport staff reserves the right to establish guidelines for any and all rules or infractions not covered in the league rules and to refuse participation to any individual or coach if they do not obey the rules and regulations and keep within the spirit of sportsmanship.