



Town of Parker Youth Basketball: Ages 8 to 10

The Town of Parker Rules are intended to create a balance of play in an atmosphere that fosters sportsmanship and fair play in a fun, safe and educational environment. All games will be played according to Colorado High School Basketball Rules if not otherwise specified within this document.

The Recreation Staff will have complete authority to administer the program and make decisions and adjustments as they see fit for this recreational setting. His or her decisions are final.

Coaches

- I. A maximum of two (2) coaches are allowed on a team's bench at any given time.
 - A. Only one (1) coach is allowed to stand.
- II. Coaches are required to coach from their team bench only.
- III. Coaches may address an official for clarification of a call, but at no time may be disrespectful toward an official concerning their judgment.
- IV. Coaches may not yell in a disrespectful manner at their own players.
- V. It is the coach's responsibility to control their team members and parents during games.
- VI. All coaches are required to remain on the side with their team and may not coach from *on* the court.

Player Participation

- I. Each player is required to play a minimum of 2 quarters in every game. No player may participate in more than 3 quarters unless 7 or fewer players are present.
- II. **Substitutions:** There are no free substitutions during a quarter. A player who starts the quarter must finish the quarter with the exception of the following:
 - A. Player injury.
 - B. A team that has 7 or less players at the game

Forfeits

- I. **There will be no forfeits.**
 - A. If there are not enough players from one team, players may be borrowed from the opposing team to begin play.
 - B. Coaches can ask league administration for subs prior to the games. Subs are only allowed if they play within the same division in Parker Recreation sports and are arranged through league administration.

Scorekeeper and Timer

- I. Each team may be asked to provide either a scorekeeper or timer at each game.
 - a. 8 to 10 Girls and Lower: Someone to run the clock
 - b. 8 to 10 Upper: Someone to keep Score and run the clock

Equipment

- I. **Game Ball:** The game ball will be chosen from one of the teams' practice balls which are provided to them by the Parker Parks and Recreation Department.
 - A. Basketball Sizes:
 1. Ages 6 to 8: Junior – 27.5
 2. Ages 8 to10: Intermediate – 28.5
 3. Ages 10 to12: Intermediate – 28.5
 4. Ages 12 to 14: Full – 29.5
- II. **Basket Height**
 - A. Ages 6 to 8: 8 ft.
 - B. Ages 8 to10: 9 ft.
 - C. Ages 10 to12: 10 ft.
 - D. Ages 12 to 14: 10 ft.
- III. **Uniforms:** Each team will receive the same colored jersey with non-duplicating numbers on at least one side.
- IV. **Jewelry:**
 - A. No Jewelry may be worn during sports participation. **Exception:** Medical alert jewelry may be worn but must be taped to the body or covered (i.e. with a sweat band).
 - B. No taping of earrings. **Exception:** Jewelry Implants that have a flat back and must be surgically removed may be covered with athletic tape or BandAids. The earring back must be flat.
 - C. Fitness Trackers may be worn attached to shoe laces or beneath clothing (i.e. attached to a sports bra).

Game Times

- I. Four, 9 minute running quarters.
 - A. 1 minute break between each quarter.
- II. The clock will stop for time outs and injuries only.
- III. **Time Outs:** One time out per half.
 - A. Time-outs are 1 minute in length and to not carry over from half to half.
- IV. **Overtime Periods:** There will be no overtime periods. Games may end in a tie.

Jump Ball

- I. No actual jump ball takes place.
 - A. Under a jump ball situation, the teams will alternate possession.

Start of Play

- I. The official will determine which team receives the first possession by a coin flip or Rock, Paper, Scissors.
- II. The ball will be put in play at the team base-line.
- III. Each period will start with a center court match-up of players as to locate who each child will be guarding.

Match-ups

- I. 8 to 10 Lower
 - A. Will use wristbands
 - B. Once match-ups have been established at mid-court, wristbands cannot be switched to alter match-ups.
 - C. Players should be matched up based on skill level then height.
 1. Suggestion: Line up players from the score table out (most skilled starting at the table)
- II. 8 to 10 Upper
 - A. Will **not** use wristbands

Center Line

- I. The over and back violation will be enforced.
- II. To be in the front court, both feet and the ball must be across the center line.

3 Second Lane Violation

- I. The three second lane violation will be enforced.
 - A. 3 second violation is defined as: a player standing in the lane for longer than 3 seconds.

Scoring

- I. The score will be posted unless one team is ahead of the other by 20 points, at which time the score will be deleted.

Free Throws

- I. There will be no free throws. All personal and shooting fouls will result in the ball being awarded out of bounds.

Automatically Awarded Points

- I. **Intentional Foul:** 2 points and ball out of bounds to the opposing team.
- II. **Player Technical Foul:** 2 points, ball out of bounds at mid-court, and offender must sit out 5 game minutes.
 - A. The second technical foul in the same game will be disqualification from that game and suspension from the next game.
 - B. The player and his parents must then meet with the league coordinator prior to reinstatement.
- III. **Flagrant Personal Foul:** 2 points, ball out of bounds, and the offender is disqualified for the remainder of the game.
- IV. **Coaches Technical Foul:** 2 points and the ball out of bounds, and the coach must sit for the remainder of the game.
 - A. The second technical foul in a given game will result in disqualification from the game and the coach must **immediately leave the gym area.**
 1. Failure to do so will result in an immediate forfeit.

- V. If any spectator is guilty of unsportsmanlike conduct toward another team, official or supervisor, they may be required to leave the gym area.
 - A. This action can be taken by either an official or gym supervisor.
 - B. Failure to leave the gym, which includes the doors leading into the gym, within 60 seconds, will result in an immediate forfeit.
 - C. If needed a police escort may be used to enforce this rule.

Fouls

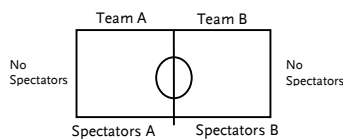
- I. Personal fouls will not be recorded, however, on the 7th team foul of each half and each foul thereafter, one point will be awarded to the opposing team, and the ball out of bounds.
- II. Intentional fouling is grounds for removal from the game for up to 5 minutes at the referee discretion.

Defense

- I. Teams must play man to man defense. No zone defense.
 - A. Man to man is defined as one defensive player actively guarding one offensive player.
 - B. A player must be within 4ft of his/her man at all times, regardless of whether or not the person being guarded has possession of the ball.
- II. No double teaming, which is defined as two or more defensive players guarding one offensive player.
 - A. However, if a ball handler beats his defender and is driving toward the lane, another defensive player may pick him up.
 - B. When an offensive player with the ball enters the "lane", there is no limit to the number of defensive players that may guard him/her.
- III. **No Pressing:** Players must drop back to mid-court once the ball is in possession of the offensive team. The team in control of the ball will have 10 seconds to bring it across the mid-court line.
- IV. 8 to 10 Lower: A coach cannot "clear out" one side of the key, or place players in 4 corners to gain a one on one situation. The penalty will result in a violation and the other team's ball.

Sportsmanship

- I. **Unsportsmanlike conduct will NOT be tolerated.** Players, parents and coaches will receive one warning. A second offense will result in then removal from the game.
- II. We encourage coaches and players to shake the opponents' and referees' hands after each game to emphasize positive teamwork and sportsmanship.
- III. We ask that parents sit on the opposite side of the court from the coaches. ****At no point can the coach or parent be on the same side during the game. ****



- IV. We encourage family and friends to come and watch the games and show support. Positive



cheering and encouragement help provide a fun atmosphere.

- A. Negative comments of any kind are not part of our recreational program and will not be tolerated by the game officials.
- B. **Coaches:** You should not tolerate negative comments either. Officials are instructed to stop the game if this becomes a problem.

ELASTIC POWER:

The Parker Sport staff reserves the right to establish guidelines for any and all rules or infractions not covered in the league rules and to refuse participation to any individual or coach if they do not obey the rules and regulations and keep within the spirit of sportsmanship.