

# Parker Recreation Center Activity Pool Schedule Fall 2018

	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday			
	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	Zero Depth & Rock Wall	River	Slide	
5am-9am	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed	7am-8am	Open Adult Fitness	Closed	Closed	Open Adult Fitness	Closed	Closed
8am-10am																Open Adult Fitness						
9am-9:30am																Aqua Fitness	Closed	Closed	Aqua Fitness	Closed	Closed	Open Adult Fitness
9:30am-10am	Aqua Fitness	Aqua Fitness	Aqua Fitness	Aqua Fitness																		
10am-9:30pm	Open Swim			Open Swim			Open Swim			Open Swim			Open Swim			Open Swim			<p><b>Open Swim</b></p> <p>Children 5 and under must be accompanied in the water (in a swimsuit) by a parent or guardian.</p> <p><b>Open Adult Fitness</b></p> <p>Anyone under the age of 18 must receive special permission from the Aquatic Management team prior to pool use.</p> <p><b>Aqua Fitness</b></p> <p>Please reference aqua group fitness schedule.</p> <p><b>Closed</b></p>			

The two 20 yard lap lanes that are located in the Activity Pool are always available for adult (18+) lap swimming. Swimmers will be asked to share lanes and circle swim.

Kickboards or water exercise equipment are not permitted for use by children.