

Parker Recreation Center Lap Pool Schedule

September 23 - November 17

Time/Lane	Monday						Tuesday						Wednesday						Thursday						Friday						Time/Lane	Saturday						Sunday																
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6		1	2	3	4	5	6	1	2	3	4	5	6											
5am-5:30am																																																						
5:30am-7am							Masters Swim (4)																																															
7:30am-8:00am																																																						
7:30am-10:00am	Aqua Fitness (3)						Aqua Fitness (3)						Aqua Fitness (3)						Aqua Fitness (3)						Aqua Fitness (3)																													
10:00am-1pm																																																						
1pm-3:30pm	Open Swim & Diving Board (3)						Open Swim & Diving Board (3)						Open Swim & Diving Board (3)						Open Swim & Diving Board (3)																																			
3:30pm-4pm																																																						
4pm-5pm	Swim TLC (4)						Swim TLC (4)						Swim TLC (4)						Swim TLC (4)																																			
5pm-6pm												LTS (1)												LTS (1)																														
6pm-6:15pm																																																						
6:15pm-7pm	Aqua Fitness (2)	CARA Swim Team (3)										LTS (3)	Aqua Fitness (2)	CARA Swim Team (3)																																								
7pm-7:45pm																																																						
7:30pm-8:00pm																																																						
8pm-9:30pm	Open Swim & Diving Board (3)						Swim TLC (4) 7:30-9:00p						Contract Dive						Swim TLC (4) 7:30-9:00p						Contract Dive																													

Upcoming Events:
Lifeguard Training Oct. 14-16 & Nov. 25 - 27

	Lap Swim <small>May be limited due to programming.</small>
	Open Swim & Diving Board
	Swim TLC USA Swim Team <small>Contract USA Swim Team/Dive Team and Douglas County High School Teams</small>
	LTS & CARA Swim Team <small>Group Learn to Swim Programming. Town of Parker participants & Instructors only.</small>
	Aqua Fitness <small>Please reference aqua group fitness schedule.</small>
	Masters Swim <small>18+. See website or brochure for session schedule.</small>

Lane assignments and availability may change due to programming. At least (1) Activity Pool lap lane is always open for availability during operation hours.

Shallow area attached to Lap Pool is closed until noon Monday-Friday, 4pm-8pm on Tuesday & Thursday, 8am-12pm Saturdays & 1-5pm Sundays.

