

Town of Parker Introductory Youth Volleyball: Ages 6 to 8

The Town of Parker Rules are intended to create a balance of play in an atmosphere that fosters sportsmanship and fair play in a fun, safe and educational environment. All games will be played according to National Federation of State High School Association rules.

Recreational Philosophy – Youth Sports:

To provide a fun, safe learning environment for participants to experience the social and physical benefits of playing sports.

Introductory volleyball is designed for kids ages 6 to 8 who want an introduction to volleyball and play against other teams. We will begin the season with two one-hour long practices. The remaining weeks consist of one-hour long sessions in which teams have time to practice and scrimmage other teams.

Fun and experience are the most important aspect of introductory volleyball so please work to create a non-competitive environment for all participants, coaches and fans.

Participant Information

The Recreation Staff will have complete authority to administer the program and make decisions and adjustments as they see fit for this recreational setting. Their decision is final.

Court Supervisor:

The court supervisor is on site to monitor the games and the facility, assist with injury, answer questions, assist officials with rulebook clarifications and monitor participant behavior. His/her decisions are final.

Officials:

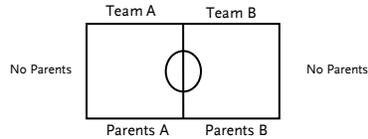
We do ***not*** use officials in this division as this is meant for fun and education. Parents and coaches can act as the officials during games and scrimmages. Standings are not kept and therefore scores do not count toward any end of season seeding. A supervisor will be on site monitoring all courts.

Coaches:

1. All coaches should be actively involved with their team during games and practices.
2. Coaches can coach *on* the court with their team during games.
3. Parents and coaches can act as the officials during games and scrimmages.
4. A maximum of two (2) coaches are allowed on a team's bench at any given time.

Spectators:

Spectators are asked to sit on the opposite side of the court from the coaches and team *behind the dashed lines*. ****At no point can the coach or parent be on the end line during the game.**



We encourage family and friends to come and watch the games and show support. Positive cheering and encouragement help provide a fun atmosphere. Negative comments of any kind are not part of our recreational program and will not be tolerated. Officials are instructed to stop the game if this becomes a problem

Players:

1. Rosters:

- a. Only players on your official team roster may practice or play in games.
 - i. **EXCEPTION:** Teams may borrow players from other teams *within the same division* to avoid a forfeit. **There no forfeits in recreational youth leagues.**
 - ii. Contact the Volleyball Coordinator if you will be short on players for a particular game so they can arrange for subs.
- b. Minimum 5 players/Maximum 10 players on roster

2. Participation:

- a. 6 v 6
- b. The format should be 6 v 6. However, if a team is ever missing players, we do not have a set minimum or maximum.
- c. **Substitutions:** Teams will use a continuous rotation and substitute out of Middle Back after serving.

3. Playing Time Requirements:

- a. Each participant will play at least half of each game. Playing time is the responsibility of the players and the coach, **NOT** the opposing team or sports supervisor.

Logistical Information

Player Uniform:

1. Each player must wear the assigned jersey provided by the Recreation Department.
 - a. Only authorized sponsors from the Town of Parker may be placed on the uniform.
2. Equipment required for youth volleyball.
 - a. Knee pads, Knee guards are not allowed only volleyball knee pads.
 - b. Athletic shoes
3. Jewelry
 - a. No Jewelry may be worn during sports participation. **Exception:** Medical alert jewelry may be worn but must be taped to the body or covered (i.e. with a sweat band).
 - b. No taping of earrings. **Exception:** Jewelry Implants that have a flat back and must be surgically removed may be covered with athletic tape or BandAids. The earring back must be flat.
 - c. Fitness Trackers may be worn attached to shoe laces or beneath clothing (i.e. attached to a sports bra).



Game Equipment:

1. Ball used: Volley-Lite

Game Locations:

1. Parker Fieldhouse Gym

Court Dimensions:

1. Court Size is 60' x 30' – green boundary lines
 - a. Any ball that hits any wall or walking track **OR** curtain is considered “out of bounds.”
 - b. Any obstruction that is directly above the playing court (i.e. basketball hoops) is considered “in bounds” **if** the ball lands back on your side of the court **and** is not in violation of any other VB rule (i.e. 4 hits would still be a 4-hit violation and side-out).
2. Net Height is 6’2”

Start of Play:

1. Sessions begin on time at the scheduled time as each session begins with team practice and warm up.
2. There are no minimum player requirements so games begin when both teams are ready to scrimmage.

Duration of Games:

1. Each session has a 60-minute time limit.
2. Teams will receive two 60 minute practices at the beginning of the season.
3. **Games:** The remaining 6 weeks consist of 60 minute sessions with an opponent. Teams may use a 15 to 30-minute practice and 30 to 45-minute scrimmage against the opponent.

Score and Standings:

1. **Recommended format:** Ask a parent to keep score and once one team has reached 21, take a break and start a new game. Continue playing to 21 until the teams are done or until the 60 minutes has completed.
2. No standings are kept.

General Rules:

Service Line

1. Players may serve from wherever they can successfully serve the ball over the net. Coaches should challenge players to move back when they have mastered the serve from their current court location.

Serving Clarifications

1. Each server will have 2 attempts to get it over the net. If the server makes it on the first attempt, this is considered a successful attempt and they do not get another reserve if the team does not keep the ball (i.e. if there is a side out on a successful serve, there is no redo for the current server).

Service Run Rule

1. A server may serve only 5 points in a row during each service rotation. Once a server scores 5 points it is a side-out to the other team.
2. If the server misses their first attempt, the missed serve does not count toward the 5-point rule.

ELASTIC POWER:

The Parker Sport staff reserves the right to establish guidelines for any and all rules or infractions not covered in the league rules and to refuse participation to any individual or coach if they do not obey the rules and regulations and keep within the spirit of sportsmanship.