

Town of Parker Introductory Youth Volleyball: Ages 6 to 8

The Town of Parker Rules are intended to create a balance of play in an atmosphere that fosters sportsmanship and fair play in a fun, safe and educational environment. All games will be played according to National Federation of State High School Association rules.

The Recreation Staff will have complete authority to administer the program and make decisions and adjustments as they see fit for this recreational setting. Their decisions are final.

6 to 8 year old introductory volleyball is designed for kids ages 6 to 8 who want an introduction to volleyball and play against other teams. We will begin the season with two one-hour long practices. The remaining weeks consist of 1 hour long sessions in which teams have time to practice and scrimmage other teams.

We do *not* use officials in this division as this is meant for fun and education. Parents and coaches can act as the officials during games and scrimmages. Standings are not kept and therefore scores do not count toward any end of season seeding. A supervisor will be on site monitoring all courts.

Fun and experience are the most important aspect of introductory volleyball so please work to create a non-competitive environment for all participants, coaches and fans. The following guidelines have been set to help coaches guide each game.

Players:

- Players must be 6 to 8 years of age

Playing Time Requirements:

- Each participant will play at least half of each game. Playing time is the responsibility of the players and the coach, NOT the opposing team or gym supervisor.

Teams/Rosters:

- Minimum 6 players/Maximum 10 players on roster
- The format should be 6 v 6. However, if a team is ever missing players, we do not have a set minimum or maximum.
- Teams may borrow players to make sure every game is played.
- There are no forfeits.

Substitutions:

- Teams will use a continuous rotation and substitute out of Middle Back after serving.

Uniform:

- Each player will receive a team jersey. Players must wear proper athletic attire to all practices and matches.
- No jeans are allowed.

- Tennis shoes must be worn, any other type of shoe will not be allowed.
- No jewelry, with the exception of a medical alert tag may be worn. Hair accessories must be soft. Knees pads are *highly* recommended.
- Knee guards are not allowed only volleyball knee pads.

Session Information:

- Each session has a 60 minute time limit.
- Teams will receive two 60 minute practices at the beginning of the season.
- Games: The remaining 6 weeks consist of 60 minute sessions with an opponent. Teams may use a 15 to 30 minute practice and 30 to 45 minute scrimmage against the opponent.
- Recommended format: Ask a parent to keep score and once one team has reached 21, take a break and start a new game. Continue playing to 21 until the teams are done or until the 60 minutes has completed.

Score and Standings:

- No standings are kept.
- One team will be required to supply an ADULT to keep score. Line judges are optional.
- In keeping with the philosophy of the youth sports program, we do not keep track of wins and losses nor do we give out end of season awards. The score is kept only as a reference for starting and ending a set/match.

Court Dimensions: 60' x 30'- green boundary lines

- Any ball that hits any wall, walking track OR curtain is considered “out of bounds”.
- Any obstruction that is directly above the playing court (i.e. basketball hoops) is considered “in bounds” **if** the ball lands back on your own side of the court **and** is not in violation of any other VB rule (i.e. 4 hits would still be a 4-hit violation and side-out).

Ball: Volley-Lite

Net Height: 6’2”

Service Line:

- Players may serve from wherever they can successfully serve the ball over the net. Coaches should challenge players to move back when they have mastered the serve from their current court location.

Serving Clarifications:

- Each server will have 2 attempts to get it over the net. If the server makes it on the first attempt, this is considered a successful attempt and they do not get another reserve if the team does not keep the ball (i.e. if there is a side out on a successful serve, there is no redo for the current server).

Service Run Rule:

- A server may serve only 5 points in a row during each service rotation. Once a server scores 5 points it is a side-out to the other team.



- If the server misses their first attempt, the missed serve does not count toward the 5-point rule.

ELASTIC POWER:

The Parker Sport staff reserves the right to establish guidelines for any and all rules or infractions not covered in the league rules and to refuse participation to any individual or coach if they do not obey the rules and regulations and keep within the spirit of sportsmanship.